

Health Club Membership



Chuan Fitness Membership

12 months full \$2070 or \$185 per month

6 months full \$1100 or \$195 per month

– Unlimited 24 Hour Access

Chuan Facility Membership

12 months full \$1350 or \$120 per month

6 months full \$780 or \$128 per month

– Unlimited 24 Hour Access

Chuan Aqua/Relax Membership

12 months full \$1000 or \$90 per month

Join as a group of 3 or more and you will each receive a 20% discount off the Chuan Facility and Chuan Fitness memberships.

Joining fee at all levels

\$199

Please contact the Chuan Spa for Health Club membership inclusions/benefits

Health Club Price List



Personal Training

Personal one-on-one training sessions are available.
Appointments are essential.

	Single	Couple
One session	\$42.50	per 30mins

Chuan Transformations

Chuan Transformations are courses of twelve 30 minute bespoke personal training sessions that will balance, harmonise while transforming your body.

Sculpture

Formulated to trim, define and sculpt your body.

\$435	\$550
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Synchrony

Balancing, muscle alignment and strengthening to synchronize your body.

\$435	\$550
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Chuan Fire

Highly intense sessions designed to flush out toxins and increase weight loss.

\$435	\$550
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Chuan Personal Training Specialties

Chuan Body

Let your body be challenged with our signature movements that will invigorate and re-energise finishing with a total body stretching sequence.

1hr 15mins	\$75	\$95
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Chuan Strength

A one hour session to maximise strength production

\$80	\$90
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Chuan Figure

Designed to tone and define the female figure. Includes a Chuan nutrition consultation.

1hr 15mins	\$82	\$92
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